

Catholic Connections Crosswalk



Z Zaner-Bloser



Every Student a Successful Reader by Grade 3

Superkids® provides the plan to achieve it!

BUILD SUCCESS

by implementing our proveneffective strategies and partnering with our dedicated literacy team.

INSPIRE STUDENTS

through joyful, successful reading experiences with engaging texts and relatable characters who grow and learn by your students' side.

EXTEND LEARNING

from the start of grade K with a solid skills foundation that builds confidence and accelerates growth.



As students learn to read and write with *The Superkids Reading Program*™, they also learn important Lasting Lessons that reflect the Catholic values you instill every day.

The Catholic Connections Crosswalk is a unit-by-unit planning tool that will help you integrate Catholic teaching.

How and Why to Use this Crosswalk

The goal of this Crosswalk is to help you reinforce Catholic identity beyond your religion instruction by providing authentically Catholic content to integrate into your reading and language arts block. In *Superkids*, you'll find a program that aligns with your commitment to educating the whole child—with instruction that supports spiritual, intellectual, physical, social, and moral growth.

To facilitate instruction with *Superkids*, simply refer to the Crosswalk to find supplementary content related to the Catholic Connection for that unit. Connections

include virtues, values, and other teachings from the deep treasury of the Catholic faith and stem from the Lasting Lesson within the unit. References to the Catechism, a scripture verse pertaining to the topic, a saint that exemplifies the specific unit Connection, and an extension activity are provided. Use any or all of these materials as you teach the Lasting Lesson.

These supplemental ideas for *Superkids* can help in sparking discussion among your students about how to treat one another and embody the Catholic faith.

"Catholicism should permeate not just the classroom period of catechism or religious education, or the school's pastoral activities, but the entire curriculum."

-Archbishop J. Michael Miller, C.S.B.*

* Miller, J. M. (2005, September). *The Holy See's Teaching On Catholic Schools*. Keynote address given at Solidarity Association meeting, The Catholic University of America, Washington, D. C. Retrieved from http://publicaffairs.cua.edu/rdspeeches/05archbishopmillerkeynote.cfm

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Superkids Character/Story	Cass Cass loves to cook, but she knows it's hard work! She helps her family prepare meals and clean up the kitchen afterwards.	Oswald In the story "Oswald's Surprise," Oswald gets a group of animals to use their brains to solve a puzzle.	Golly As a dog, Golly doesn't know much about being polite. However, the character Gregory in the story, "Gregory's Green Goggles," is always polite when asking others to help him.	Alf loves camping! He knows that when he visits the wilderness, he must respect the plants and animals living there.	Doc In the story "A Bed for Coconut," Doc plans a fancy bed for Cass's cat, but in the end she realizes a simple one is best.	Sal Sal loves sports, and he knows it's important to be a good sport who follows the rules, supports his teammates, and behaves well no matter who wins.	Lily Lily loves her little lion family. She shows her love in how she takes care of the lions and sings them lullabies at bedtime.	Icky Icky loves watching TV, but he knows it would not be good for him to watch TV all the time. He limits how much time he watches.	Tic, Tac, & Toc All the Superkids are friends, but these three girls are especially close friends who know how to play together nicely.	Frits Frits loves to fish, a sport that takes a lot of patience. He knows how to sit still and wait calmly when fishing.	Ettabetta Ettabetta likes to do puzzles, and she knows she can solve the puzzles even faster when working together with her friends.	Hot Rod In the story "Hot Rod's Sharing Solution," Hot Rod and Doc figure out a way to share a toy even though they have different ideas about how to play with it.	Us The Superkids are a group of friends, but each Superkid is different and special in his or her own way.
Lasting Lesson (Page number in the Student Book Teacher's Guide for the unit)	Helping in the Kitchen (p. 22)	Solving a Problem (p. 36)	Being Polite (p. 30)	Respecting Nature (p. 15)	Valuing Simple Things (p. 32)	Being a Good Sport (p. 12)	Showing Love (p. 25)	Using TV Time Wisely (p. 24)	Being a Good Friend (p. 19)	Being Patient (p. 12)	Working Together (p. 21)	Sharing (p. 30)	Being Unique (p. 23)
Catholic Connection	Fourth Commandment: Honoring Your Father and Mother Being obedient and helpful to one's parents	Virtue: Sound Judgement Thinking through a decision, carefully considering all the consequences	Virtue: Courtesy Treating other people with respect, recognizing that all are made in God's image and likeness	Work of Mercy: Care for Creation Caring for the Earth in a balanced and respectful way	Value: Living Simply The practice of making choices and decisions in an attempt to live moderately	Virtue: Sportsmanship Treating others with dignity and respect in sporting events, winning with graciousness, and losing with dignity and honor	Virtue: Love The theological virtue by which we love God above all things for his own sake and our neighbor as ourselves for the love of God	Virtue: Moderation Setting limits for oneself, attention to balance	Virtue: Loyalty Remaining faithful and true to our friends, family, and country	Virtue: Patience Tolerating difficult situations peacefully	Value: Cooperation Working together peacefully for the common good	Virtue: Generosity Giving cheerfully for the good of others	Teaching from the Catechism: Made in God's Image God created each of us to be unique and special, but we are all made in His image to know, love, and serve Him.
Catechism Paragraph Number	2197	1806	2197–2199	2402	2470	1882	1822	1809	1880	1832	872	1832	355
Scripture	Exodus 20:12	Proverbs 8:12	Colossians 4:6	Genesis 1:29–30	Matthew 6:25–26	2 Timothy 4:7	John 13:34	Sirach 31:22	Sirach 6:14	1 Corinthians 13:4	Ecclesiastes 4:9–10	Acts 20:35	Genesis 1:27
Saint	St. Martha	St. Dymphna	St. Aelred of Rievaulx	St. Isidore the Farmer	St. Clare of Assisi	Blessed Pier Giorgio Frassati	St. Thérèse of Lisieux	St. Benedict of Nursia	St. Peter	St. Monica	St. Titus	St. Brigid of Ireland	Blessed Margaret of Citta-di- Castello
Extension Activity	As part of a family, it is important that we use our gifts and talents to help each other. Ask students how they can help out in their home or in the classroom besides in the kitchen.	Read the story of Solomon from a children's Bible (1 Kings 3) about how he asked God to help him always make the right decisions.	Discuss with students that courtesy and being polite is not just about rules, but comes from their heart. Share with them the Golden Rule, Matthew 7:12, "Do unto others as you would have them do unto you."	Share the story of St. Isidore the Farmer with students, explaining how he prayed as he cared for the Earth. Ask students to say a short prayer of thanksgiving for God's creation.	Discuss with students that true happiness comes from God and not from fancy things. Ask them how they might live a little more simply.	Blessed Giorgio would take friends mountain climbing and share with them about God's love. Share the story of Blessed Pier Giorgio and how he used sports and good sportsmanship to lead people to God.	Ask your pastoral associate or parish secretary for names and addresses of homebound parishioners. Have students make a card for them.	Discuss with students a time they felt they did not use moderation and ask how they felt when they did this (not well) and why it is important that we do all things in moderation.	Help students write a prayer to Jesus thanking him for his loyal friendship and asking Him to help them be a good friend.	Give students a small treat. Tell them they can eat it now, or if they wait, they will receive another one. Wait a few minutes. Give those who waited a second treat.	Working together and cooperating can make your classroom and students' homes more peaceful. Ask students to share a time when they worked together and it brought peace.	Give each student a coin to place in a jar and share with them that their generosity will help a child who is in need. Donate the money to a Catholic children's charity.	Discuss how each student is unique and has different talents. Ask them to share how they can use their talents to serve God, even in little ways (singing at mass, helping their parents, cleaning their room).

Kindergarten (continued)

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UNIT	14	15	16	17	18	197	20	21	22	23	24
Superkids Story	"The Big Bus" By asking people in their neighborhood for help, the Superkids find a great place for their club to meet.	"Let's Get Set" The Superkids get all their supplies ready so they can paint their club house and make it beautiful.	"The Boss" The Superkids realize they need a boss to help lead their club and make decisions about what the club will do.	"The Hunt" The Superkids pair up and share ideas about how to collect things for Cass's scavenger hunt.	"The Odd Picnic" The Superkids pack up food to share during a picnic. They know that, even on a picnic, it's not polite to say "yuck" when someone offers you food.	"The Pet Hospital" The Superkids make gifts for Golly to help him feel better while he's recovering at the pet hospital.	"Lily and the Wagwags" The Superkids try new things when they pretend to be alien creatures visiting other planets.	"The Glum Princess" In a play, Cass plays the role of a spoiled princess who doesn't like the gifts she's offered. The other characters recognize that she'd be happier if she could be thankful for the things she has.	"Jack and Jill" The characters in this poem might not have spilled their bucket of water if they had taken the time to carry it slowly and carefully.	"The Big Box Fix Up" The Superkids have lots of fun reusing boxes in interesting ways.	"The Superkids Album" The Superkids put together a photo album to help them remember fun times they've had throughout kindergarten. Perhaps they know things will change a bit as they move into first grade.
Lasting Lesson (Page number in the Student Book Teacher's Guide for the unit)	Asking for Help (p. 15)	Getting Ready (p. 49)	Being a Good Leader (p. 21)	Sharing Ideas (p. 50)	Being Polite About Food (p. 12)	Helping Someone Feel Better (p. 41)	Trying New Things (p. 61)	Being Thankful (p. 35)	Taking Your Time (p. 55)	Reusing and Recycling (p. 26)	Accepting Change (p. 64)
Catholic Connection	Virtue: Faith Belief in God and entrusting oneself wholly to Him	Virtue: Orderliness Keeping order in one's life, planning ahead	Value: Leadership The ability to lead and serve others	Value: Teamwork Working together for a shared purpose	Virtue: Circumspection Pausing to think before speaking	Virtue: Kindness The ability to express true concern for another person and anticipate their needs	Teaching from the Catechism: Discovering God's Creation God created the Earth for us to explore to come to know, love, and serve him.	Virtue: Gratitude Having a thankful disposition of both your mind and heart	Virtue: Industriousness Diligence in doing a task	Virtue: Temperance Making good choices with use of the time and resources given to us by God	Virtue: Fortitude Firmness in difficulties and constancy in the pursuit of the good
Catechism Paragraph Number	1814	1808	910–911	872	1 <i>777</i>	2447	282	1358	1808	2415	1808
Scripture	Mark 11:24	Colossians 3:23–24	John 13:13-1 <i>7</i>	Ecclesiastes 4:9	Ecclesiastes 5:1–2	Matthew 25:36	Wisdom 13:5	1 Thessalonians 5:18	Colossians 3:23– 24	Psalms 24:1	Joshua 1:9
Saint	St. Paul	St. Maximilian Kolbe	St. Helena	St. Timothy	St. John Vianney	St. Catherine of Siena	St. Hildegard of Bingen	St. Francis of Assisi	St. Jerome	St. Junipero Serra	St. Joan of Arc
Extension Activity	Share with students that we can always ask God for His help and He will listen. Ask them if they ever prayed for something and God helped them.	Discuss with students that God has given each of us a special mission to live out while we are on earth. Ask them to talk about what God is asking them to do right now to help prepare them for their mission (learning to read, making friends, being kind).	Ask students to share how they can follow Jesus's example of being a good leader (always helping others, not putting themselves first, doing good for its own sake instead of to be noticed).	Share with students how St. Timothy worked closely with St. Paul to build up the early church. Discuss how when we have big jobs, by working with another friend, we can accomplish our mission!	Discuss with students about pausing before speaking to think about what they are going to say. Teach them to ask "Is it true, is it helpful, it is kind?" before they share what is on their mind.	St. Catherine of Siena helped many sick people during a time of great sickness on Earth. Explain to students that when we help others who are sick and not feeling well, Jesus told us in the Gospel that we are also helping Him.	St. Hildegard of Bingen was a well-educated saint. By being willing to learn new things, she was able to teach others, especially about God. Discuss what new things students would like to learn about in school.	Ask students to make a card for their parents and draw on it one thing they are grateful for. Have them write the word "gratitude" on the card so they can tell their parents about this important virtue.	St. Jerome translated the Bible, which was a task that required a lot of hard work. Have students copy or trace some of the words of Colossians 3:23–24 and decorate them.	Discuss with students how the earth belongs to God, and we are to take care of it. Consider having students take turns caring for a classroom plant by watering it.	Share with students how it takes courage to accept change and try new things. Have them share about a time when they were courageous and tried something new and something good came out of it.

First Grade

1st Semester: Adventures of the Superkids

UNIT	À	2	3	4	5	6	☆	8
Superkids Story	"The Patch-it-up Shop" Things in Doc's shop keep breaking, but she doesn't get discouraged—she fixes them.	"What Can You Get with a Nickel?" Sal wants to buy a gift for a sick friend, but he only has a nickel.	"Fiddlesticks" The kids make up a story together about a girl who floats away on a huge bubble.	"In a Pickle" When Cass gets her hand stuck in a pickle jar, her good friend Lily helps solve the problem.	"The Monster Under the Bus" Tic and Tac are afraid a monster from another planet is under the bus, but Toc disagrees and proves it.	"The Foolish Giant" A game of make-believe goes wrong until Ettabetta and Sal agree how to play together in a way they both like.	"The Very Best Gift" Tic sends her grandad thank- you notes for the gifts he sends, and she's even more thankful in the end when he comes to visit.	"The Little Horse" Lily and Ettabetta mend a damaged toy so that it is good as new.
Lasting Lesson (Page number in the Teacher's Guide for the unit)	Keep Trying (p. 79)	Helping Someone Feel Better (p. 28)	Taking Turns and Working Together (p. 78)	Helping Others (p. 81)	Thinking for Yourself (p. 31)	Deciding How to Play Together (p. 32)	Thanking Others Politely (p. 28)	Reusing and Recycling (p. 28)
Catholic Connection	Virtue: Perseverance Continued effort to do or achieve something despite difficulties, failure, or opposition	Virtue: Kindness The ability to express true concern for another person and anticipate their needs	Value: Graciousness Being very polite in a way that shows respect	Fruit of the Holy Spirit: Goodness Doing good for the benefit of others, acting selflessly for others	Virtue: Good Judgement Thinking for yourself about the right decision, considering the consequences	Value: Cooperation A situation in which people work together to do something, unity	Virtue: Gratitude Thankful disposition of heart and mind	Virtue: Temperance Making good choices with use of the time and resources given to us by God
Catechism Paragraph Number	1839	1832	1931	1832	1806	790–791	1358	1809
Scripture	Hebrews 12:1	Ephesians 4:32	Matthew 7:12	Galatians 5:22	Proverbs 4:26	1 Corinthians 1:10	1 Corinthians 15:57	Titus 2:12
Saint	St. María Venegas de la Torre	St. Teresa of Calcutta	St. Francis de Sales	St. Zita	St. Katharine Drexel	St. John XXIII	St. Josemaría Escrivá	St. Kateri Tekakwitha
Extension Activity	Discuss with students how we are called to persevere in all that we attempt to do, even when times are difficult, especially in matters of faith and doing the right thing. Have students verbalize a prayer asking God to bless them and help in all that they do.	Make a simple image of a fruit bowl with the names of the fruits of the Holy Spirit (charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity) and give students a copy to color.	Discuss how we need to be gracious and allow others to have a turn in sharing. Ask students to turn to a classmate on either side of them and have both of them talk without pausing to listen to the other person. Allow students to "talk" without listening for a minute and then stop them. Next ask them to talk about what it is like when people don't take turns in speaking or sharing.	Share with students that we should treat others as Jesus treated his friends, the apostles. Ask students to share about a time that someone was a good friend to them and how it made them feel.	St. Katharine Drexel is a saint that fought for equality and peace in her lifetime. Discuss with students that we are called to "be our own self" by standing up and doing what is right.	Discuss with students how cooperation not only makes playing more fun, it is also necessary in life. When we cooperate, we can work better together and spend less time arguing and more time getting things done and doing good things.	Discuss with students how being thankful and having an attitude of gratitude helps us become less selfish. No matter if we like what we receive, we should always be grateful.	Read the story of Creation from the first book of Genesis. Talk about how God made everything and has given it to us to take care of. Share with students that Pope Francis has preached many times on taking care of the Earth. He even added a new Work of Mercy to the traditional 14 titled "care for the environment."

2nd Semester: More Adventures of the Superkids

UNIT	97	107	ŵ	12	13	14	157	16
Superkids Story	"The Spingle Spangle Talent Show" Ettabetta gets mad when Doc unintentionally leaves her off the list to perform in a talent show.	"Golly Helps" When Golly can't find a way to help the Superkids, he helps another group of kids win a game.	"The Wish" On a trip to the beach, Oswald gets the help he needs because others are looking out for him.	"Tex McGraw's Visit" The kids pick up litter to win the Grand Land Contest.	"Fire!" Sal acts as a translator to help firefighters save a Spanish-speaking family.	"The Lost Mitt" When Ettabetta loses Frits's baseball mitt, she works hard to earn money to buy him a new one.	"That Was Yesterday" Alf and Frits get in a fight while playing tag, but they find a way to make up.	"The Case of the Mystery Monster" Lily tries to solve a mystery at her public library.
Lasting Lesson (Page number in the Teacher's Guide for the unit)	Clearing up Misunderstandings (p. 30)	Being Patient (p. 86)	Looking out for Others (p. 30)	Doing the Right Thing for Its Own Sake (p. 89)	Helping Your Community (p. 86)	Taking Responsibility (p. 95)	Being a Good Sport (p. 85)	Avoid Jumping to Conclusions (p. 33)
Catholic Connection	Virtue: Foresight Consideration of the consequences of one's actions; thinking ahead	Virtue: Patience Tolerating difficult situations peacefully	Virtue: Faith Believing in God	Church Teaching: Living a Virtuous Life A virtue is an habitual and firm disposition to do the good.	Virtue: Patriotism Honor and service of one's community	Virtue: Truthfulness Being honest in words and actions	Value: Sportsmanship Treating others with dignity and respect in sporting events, winning with graciousness, and losing with dignity and honor	Virtue: Prudence Using reason to discern the true good in every circumstance and to choose the right means of achieving it
Catechism Paragraph Number	1806	1832	1814	1803	1905	2505	1882	1835
Scripture	Proverbs 2:11	Romans 8:25	Hebrews 11:1	Philippians 4:8	Galatians 5:13	1 John 3:18	Ephesians 4:31–32	Proverbs 14:8
Saint	St. Bonaventure	St. Sylvester	St. Leo the Great	Mary, Mother of God	St. Elizabeth of Hungary	St. Perpetua	St. Dominic Savio	St. Elizabeth of Portugal
Extension Activity	O DO to	As Catholics, we are learning to live with patience until we see God. By practicing patience, we prepare ourselves for Heaven. Ask students to draw a picture of what they think Heaven looks like. PRAYER ear God, please help me have more faith in you. have more faith in you. have more faith in gs. sove you above all things. Saint Leo the Great, pray for us. Amen.	0	Ask students to discuss ideas of something they can do for school or church that will help others but they may not be rewarded for. Suggest ideas like cleaning up the trash around the playground or church building and straightening up the books in the holders at church, or ask your pastor or principal for a little project.	Share with students that many Catholic saints, like St. Elizabeth of Hungary, were royalty. Even though she was a princess, she served the poor and helped the sick. Discuss how it is everyone's job to care for the community and service is a very important part of our Catholic faith.	Ask students to think about a time they were not truthful. How did it make them feel? What happened with the situation? Did the truth ever get told?	Share with students how St. Dominic Savio was very good even as a young boy. He tried to help his friends be good sports. One story of his life is that he broke up a fight between two boys by standing in between them with a crucifix. Ask students how they can help others be good sports when playing together.	Share with students how jumping to conclusions can lead to over-reacting, which can lead to hurt feelings or bad things for the person we wrongly judged. St. Elizabeth of Portugal was once subject to the rash judgement of her husband, but through praying and going to mass, the truth was revealed. Discuss the importance of judging as we would want to be judged.

Second Grade

1st Semester: The Superkids Hit Second Grade

UNIT	1	2	3	4	5	6	77	8
Superkids Story	"Lily's Bad Luck" Lily has bad luck on her way to second grade, but she continues on in spite of everything.	"Why Alf Did It" Alf and Ettabetta talk about what caused Alf to bug Ettabetta, and they become friends again.	"Teacher's Pet" Tac and Doc bring a frog for the classroom tank, but Ms. Blossom encourages them to set it free instead.	"Frosting" Lily helps Cass and Ettabetta, even though she had been upset with them for leaving her out of their project.	"Smart Alec" The Superkids are each held responsible for returning a permission letter to Ms. Blossom. Sal is understandably flustered when he can't find his.	"Embarrassed" The Superkids learn that farmers share extra food and help each other with their work.	"Friend or Enemy?" Sal isn't a good sport about tying the soccer game, and he can't understand how Cass can be friends with a player on the other team.	"It Isn't Fair!" When Hot Rod gets to be the soccer hero and the star of the play, Icky struggles with the feeling that life is unfair.
Lasting Lesson (Page number in the Whole Class Teacher's Guide for the unit)	Perseverance (p. 43)	Resolving Conflicts by Talking Things Out (p. 42)	Respecting Animals (p. 40)	Forgiving Others (p. 87)	Being Responsible (p. 44)	Helping Each Other (p. 72)	Being a Good Sport (p. 47)	Fairness (p. 42)
Catholic Connection	Virtue: Perseverance Working hard to complete a task even when it is difficult	Value: Friendship Knowing and loving another person for virtuous reasons; being selfless, generous, and forgiving in our relationships	Work of Mercy: Care for Creation Caring for the Earth in a balanced and respectful way	Fruit of Charity: Mercy Loving kindness, compassion, and forgiveness	Virtue: Responsibility Completing duties or tasks, accepting the results of one's actions	Virtue: Kindness The ability to express true concern for another person and anticipate their needs	Value: Sportsmanship Treating others with dignity and respect in sporting events, winning with graciousness, and losing with dignity and honor	Virtue: Justice The constant and firm will to give their due to God and neighbor
Catechism Paragraph Number	1839	2347	2416	1829	1734	1832, 872	1882	1807
Scripture	James 1:12	Sirach 6:14–17	Genesis 1:24–26	Luke 6:36	Galatians 6:10	2 Corinthians 6:6	1 Corinthians 9:25	Hosea 12:7
Saint	St. John Paul II	St. John the Apostle	St. Francis of Assisi	St. Maria Goretti	St. John Bosco	St. Angela Merici	St. Sebastian	St. Thomas More
Extension Activity	Ask students to write their full name on a piece of paper. Next ask them: Was this your best work? Could you do it better? Have them write their name again a second time and instruct them to do it with perseverance. With perseverance, we will not only please God, but others.	Share with students that being a good friend can be a difficult thing, but God wants us to treat others as Jesus treated his friends, the apostles. Ask students to share about a time that someone was a good friend to them and how it made them feel.	Share with students that animals are part of God's creation, and it is our job to respect and help care for them. Read aloud a story about St. Francis of Assisi and his love for animals. Ask students how they can be like this saint.	Have students pray the Our Father. Discuss what it means to forgive others as God asks us to do. Share about God's love and forgiveness to us, especially in the sacrament of Reconciliation.	Encourage students to think of extra responsibilities they can do at home for their family. Give them ideas of how they can help.	Discuss with students that God calls us to be kind not only in the classroom, but also to our family, friends, neighbors, and even strangers. Ask them to think of ways they can be kind and help others outside the classroom.	Discuss Pope Francis's words on sportsmanship: "In sport, as in life, competing for the result is important, but playing well and fairly is even more important!" Ask students if they believe that playing fair and having good sportsmanship is more important than playing well and why they think so.	Read students the Ten Commandments. Ask them to share how following God's rules can make our lives better and help us grow closer to God.
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Second Grade (continued)

2nd Semester: The Superkids Take Off

UNIT	9	10	•	12	13	14	15	16
Superkids Story	"Golly, What a Problem!" The Superkids make a list of ways they can help find a new home for Golly.	"The Lunch Bunch" Tac and Oswald stay in during lunch recess in order to do a good job on their homework.	"Someone You Admire" Doc is angry with Ettabetta, but she takes a deep breath before calmly expressing her feelings.	"Only Good Surprises" Substitute teacher, Mr. Kumasi, encourages the Superkids to write get-well cards to surprise Ms. Blossom.	"The Bee Team" Toc and Tac are counting on Tic to practice batting and walk to school with them. They get upset when Tic becomes unreliable.	"And the Winner Is" The Superkids must patiently wait to find out which food they'll have at their indoor picnic.	"Click on SEND" The Superkids help Lily and Doc write and illustrate their contest entry in order to send it in before the deadline.	"Tired, Lonely, and Sad" Poor Golly feels sad and lonely when he can't find his way back to the Superkids.
Lasting Lesson (Page number in the Whole Class Teacher's Guide for the unit)	Making a Plan to Solve a Problem (p. 49)	Improving Your Work (p. 48)	Dealing with Anger (p. 86)	Helping Others Feel Better (p. 84)	Being Reliable (p. 36)	Being Patient (p. 84)	Finding Ways to Help Out (p. 68)	Avoiding Feeling Lonely (p. 85)
Catholic Connection	Virtue: Prudence Using reason to discern the true good in every circumstance and to choose the right means of achieving it	Virtue: Industriousness Diligence in doing a task, setting goals	Fruit of the Holy Spirit: Self-Control Joyful mastery over one's passions, controlling reactions when angry or frustrated	Work of Mercy: Visit the Sick Spending time with someone who is sick or assisting them	Virtue: Loyalty Remaining faithful and true to our friends, family, and country	Virtue: Patience Tolerating difficult situations peacefully	Value: Cooperation A situation in which people work together to do something, unity	Virtue: Prayerfulness Having a personal relationship with the living and true God
Catechism Paragraph Number	1806	1808	736	1822	1880	1832	790–791	2559
Scripture	Proverbs 8:5	Philippians 4:13	James 1:19	1 Corinthians 13:4	Ruth 1:16–17	Ephesians 4:2	Hebrews 10:24–25	1 Thessalonians 5:17
Saint	St. Thomas Aquinas	St. Joseph	St. Ephraem of Syria	St. Vincent de Paul	St. Casimir	St. Cyprian	St. Jane Frances de Chantal	St. Teresa of Avila
Extension Activity	Students often worry when they have to make a big decision. Help them write or verbalize a short prayer that they can offer to God when they are anxious or scared.	St. Joseph was the foster father of Jesus. He worked hard at his trade of being a carpenter and taught Jesus this trade. Discuss with students how doing our best work pleases God and helps us become a better person.	St. Ephraem of Syria wrote, "Prayer suppresses anger." Discuss with students how they can pause and pray when they are angry and it will help them remain peaceful and calm.	Discuss with students that they can not only help people they know, like their teacher, but others in the community, by showing the virtue of love. If your school or parish is connected with the St. Vincent de Paul society, see	Explain to students that loyalty is like glue or tape; it keeps you committed to people and things you agreed to do. Have students cut out a single paper doll person and decorate it to look like themselves. Using tape, join them together in a paper doll chain and explain that loyal friends are dependable and will	Read the story of Moses and the Isrealites waiting for the Promised Land from a children's Bible. Share with students that because God is very patient with us, we should be patient with others.	Many of our saints worked together to help others. Share the story of the friendship of St. Jane Frances de Chantal and St. Francis de Sales, who worked together for the Church. When we work together to help others, we are being the hands and feet of Christ.	Take students to church and have them sit before the Blessed Sacrament and talk to Jesus. Remind students that God is always there for them in tabernacle in the Catholic Church.
				where they accept donations of food and clothing and what things they are accepting. Share with students and plan to participate.	do the things they promise to do.			





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